

# BISM CAREER WEEK

We are thrilled to share the highlights and accomplishments of the recent Career Week events held at BISM. Career week this year aimed to provide students with valuable insights, guidance, and hands-on experiences to shape their future careers, with a wide range of activities, workshops, and expert talks. We kicked off with on-campus visits from renowned universities, including BUE (British University in Egypt), GUC (German University in Cairo), GIU (Gulf International University), Coventry University, and AUC (American University in Cairo). Students interact with representatives, explore academic programs, and gain valuable information about admission requirements and scholarship opportunities. The universities offered an array of hands-on activities and workshops that allowed students to explore different fields and gain practical skills. From coding and robotics to design thinking and entrepreneurship, Students dived into interactive sessions, fostering their creativity and problem-solving abilities.





These engaging activities empowered our students to think outside the box and prepare for the challenges of the future. Dr. James Holness and Shahd Rashed's speeches made our event even more special.

Thanks to the distinguished professors from various disciplines who shared their insights and advice with our students during interactive sessions. These esteemed academics provided valuable guidance on choosing the right career path and offered a glimpse into their professional journeys. Their diverse backgrounds and experiences inspired our students to pursue their passions fearlessly and embrace lifelong learning. Recognizing the importance of student well-being, a dedicated workshop by a professional psychiatrist Mohamed Shalaby equipped parents and students with techniques to manage exam stress effectively.

Through the interactive session and expert guidance, parents and students learned valuable strategies to maintain a healthy balance during exam periods, fostering a positive academic environment at home.



To provide personalized guidance, BISM partnered with Unipal to offer one-on-one career counselling sessions. Students had the opportunity to discuss their aspirations, academic interests, and career goals with experienced counsellors. These sessions helped students gain clarity, explore suitable career options, and develop action plans for their future endeavours.

In addition to all the above, we have kicked off the 2nd option evening counselling event. The purpose of this evening is to engage year 9 and 10 parents and students with secondary school faculty heads and career coaches to discover all pathway choices, and then decide what they are going to study in Years 10 and 11. It was a great opportunity to ensure that year 9 and 10 students can make fully informed decisions about the options available to them, the evening was buzzing with valuable insights into a lot of information including the full range of courses on offer at Key Stage 4.



## Science Stars Competition

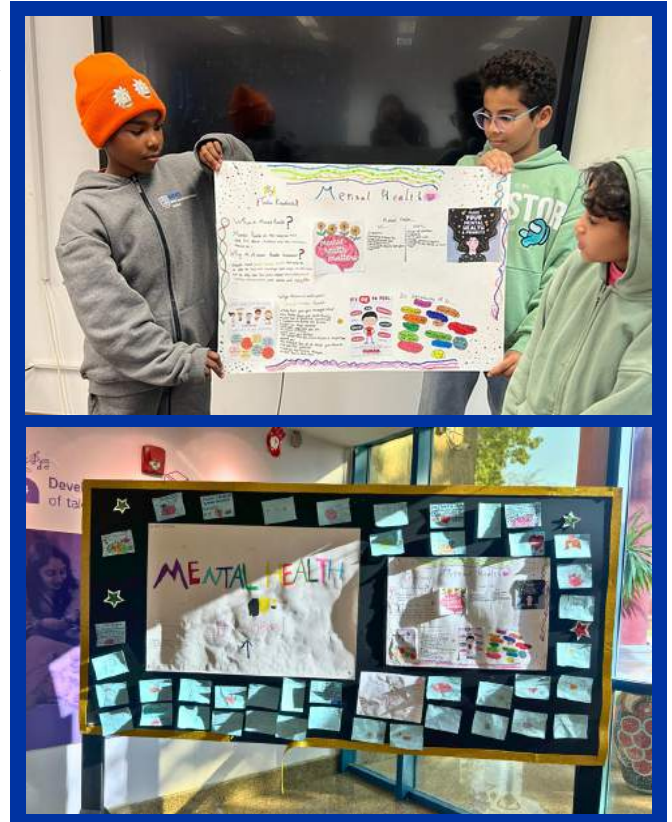
We would like to express gratitude for the Science Stars competition participation, highlighting students' dedication and talent. Emphasizing inclusivity and innovation, BISM fosters an environment for academic and personal growth and encourages students to pursue science and exploration aiming to be the school of choice for staff, students, and parents, creating an environment where everyone feels secure, valued, accepted, and able to grow by learning.

Shout out to Sapheya Adham and Yasmin Osama for their outstanding presentations about stars astrology and solar power electric cars.

We are proud of every participant and wish them all the very best of luck in their endeavours.

## Mental Health Week

Throughout the last week, students in every year group participated in engaging activities in the classrooms and learned about the significance of mental health and how to take care of it. The Pastoral team conducted informative sessions in year-group assemblies, equipping students with strategies and techniques for maintaining their well-being. We would also like to thank our students for their enthusiastic participation in the out-of-school uniform days, where they wore different colours to represent various aspects of mental health. On Sunday, we saw a sea of red, symbolizing awareness and support. Monday was dedicated to green, highlighting the importance of self-care and resilience. On Tuesday, students proudly wore blue, emphasizing the promotion of mental health in our community. We commend our students for their active involvement.



## Positive Discipline Workshop

We are thrilled to share the highlights of our recent Positive Discipline workshop for parents that took place last Thursday. The workshop provided a valuable platform for parents to come together and address the challenges they face in raising their children. Parents had the opportunity to openly share their concerns and difficulties, fostering a supportive environment where they could help one another by sharing positive discipline strategies they have tried and found effective. Moreover, the workshop featured interactive sessions where parents were introduced to new positive discipline tools such as "Bugs and Wishes", "Brain Breaks" and other techniques aimed to equip parents with practical approaches to foster better communication and understanding with their children, ultimately promoting improved mental health for both parents and children alike.